

THE SLEEP DISORDERS CLINIC

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POST HOSPITALIZATION DIAGNOSTIC SLEEP STUDY AND CPAP TREATMENT REQUISITION

IMPORTANT: DOCTORS: USE THIS FORM FOR IN HOSPITAL PATIENTS ON CPAP/ BIPAP ONLY.

PATIENT'S NAME: _____ DATE OF BIRTH: _____ (DD/MM/YYYY)

ADDRESS: _____

HEALTH CARD NUMBER: _____ VERSION CODE: _____

PHONE NUMBER: _____ AFTER HOURS/ CELL: _____

PATIENT'S EMAIL ADDRESS: _____

REFERRING PHYSICIAN: _____ PHYSICIAN'S BILLING NUMBER: _____

FAMILY DOCTOR (if different to referring doctor): _____

REFERRING PHYSICIAN'S SIGNATURE: _____

ESTIMATED DATE OF DISCHARGE: ____/____/____

DISCHARGE DIAGNOSIS:

PATIENT IS ON CPAP CURRENT PRESSURE APAP CURRENT PRESSURE: BIPAP IPAP EPAP

DATE OF INITIATION OF THERAPY: _____

NOCTURNAL OXIMETRY: YES NO ATTACHED

PATIENT HAS EQUIPMENT FOR HOME USE: YES NO VENDOR: _____

Patient should be able to care for self in sleep lab.

- Problems with mobility
- Incontinence Urinary Fecal
- Communication (Hearing impaired, language, etc)
- Developmental/Psychological Disorder
- History of Violence History of Seizure Disorder
- Infectious Disease TB MRSA VRE

Referral site:

- General Hospital: Unit: _____
- MUMC: Unit: _____
- Henderson: Unit: _____
- Juravinski Hospital: Unit: _____
- Enter phone number: _____
- Resident in charge: _____

SYMPTOMS LEADING TO REFERRAL:

- Desaturations in hospital: lowest value: ____%
- Witnessed apnea
- Significantly overweight (BMI >30)
- Height: _____ Weight: _____
- Excessive daytime sleepiness
- Unrefreshing sleep

- Frequent awakenings
- Difficulty initiating or maintaining sleep
- Restless legs
- Unusual movement during sleep
- Abnormal behaviour during sleep
- Other (specify) _____
- Oxygen _____ l/min

WORKING DIAGNOSIS: Sleep apnea

Other (specify) _____

OTHER MEDICAL DIAGNOSES: (Specify)

- Cardiac History _____
- DM

- Hypertension
- Medically Stable
- Other (specify) _____